



Tummy Time...for parents and "not yet crawling" infants...

Join Parents as Teachers-O'Fallon Coordinator, Kim Lloyd, June 11, June 25 and July 9 from 6:30-7:30 pm in Faith Lutheran's nursery for tips and tidbits on enjoying "awake on the tummy" time with your newborn. Topics will include **Tummy Ticklers, Look Up, Ready to Reach** and others depending on the interests of the group. Each session will include a "make it and take it" project to use at home. To register, call the Bright Beginnings office, 632-5019 or email Kim at patofallon@faithpyc.com. The sessions are free with donations to PAT-Bright Beginnings gratefully accepted.